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Type of Paper (Article, Review, Communication, etc.)

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Article Title

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**Abstract:** A single paragraph of about 200 words maximum. For research articles, abstracts should give a pertinent overview of the work. We strongly encourage authors to use the following style of structured abstracts, but without headings: (1) Background: Place the question addressed in a broad context and highlight the purpose of the study; (2) Methods: Describe briefly the main methods or treatments applied; (3) Results: Summarize the article's main findings; and (4) Conclusions: Indicate the main conclusions or interpretations. The abstract should be an objective representation of the article, it must not contain results which are not presented and substantiated in the main text and should not exaggerate the main conclusions.

**Keywords:** keyword 1; keyword 2; keyword 3 (List three to ten pertinent keywords specific to the article, yet reasonably common within the subject discipline.)

The initial section should briefly place the study in a broad context and highlight why it is important. It should define the purpose of the work and its significance. The current state of the research field should be reviewed carefully, and key publications cited. Please highlight controversial and diverging hypotheses when necessary. Finally, briefly mention the main aim of the work and highlight the principal conclusions.

Subsection

As far as possible, please keep the introduction comprehensible to scientists outside your particular field of research. References should be made according to the American Psychological Association Publication Manual, 7th ed.

Methods

Participants

Methods should be described with sufficient details to allow others to replicate and build on published results. Please note that publication of your manuscript implicates that you must make all materials, data, computer code, and protocols associated with the publication available to readers. Please disclose at the submission stage any restrictions on the availability of materials or information. New methods and protocols should be described in detail while well-established methods can be briefly described and appropriately cited.

Measures

Research manuscripts reporting large datasets that are deposited in a publicly available database should specify where the data have been deposited and provide the relevant accession numbers. If the accession numbers have not yet been obtained at the time of submission, please state that they will be provided during review. They must be provided prior to publication.

Procedure

Intervention studies involving animals or humans, and other studies require ethical approval must list the authority that provided approval and the corresponding ethical approval code.

Results

This section may be divided by subheadings. It should provide a concise and precise description of the experimental results, their interpretation as well as the experimental conclusions that can be drawn.

Subsection

Subsubsection

Bulleted lists look like this:

* First bullet
* Second bullet
* Third bullet

Numbered lists can be added as follows:

1. First item
2. Second item
3. Third item

The text continues here.

Figures, Tables, and Schemes

All figures and tables should be cited in the main text as Figure 1, Table 1, etc.

|  |  |
| --- | --- |
| testFigure  (**a**) | testFigure  (**b**) |

**Figure 1.** This is a figure; Schemes follow the same formatting. If there are multiple panels, they should be listed as: (**a**) Description of what is contained in the first panel; (**b**) Description of what is contained in the second panel. Figures should be placed in the main text near to the first time they are cited. A caption on a single line should be centered.

**Table 1.** This is a table. Tables should be placed in the main text near to the first time they are cited.

|  |  |  |
| --- | --- | --- |
| Title 1 | Title 2 | Title 3 |
| entry 1 | data | data |
| entry 2 | data | data 1 |

1 Tables may have a footer.

3.3. Formatting of Mathematical Components

This is an example of an equation:

|  |  |
| --- | --- |
| a = 1, | (1) |

the text following an equation need not be a new paragraph. Please punctuate equations as regular text.

Discussion

Authors should discuss the results and how they can be interpreted in perspective of previous studies and of the working hypotheses. The findings and their implications should be discussed in the broadest context possible. Future research directions may also be highlighted.

Conclusions

This section is not mandatory but can be added to the manuscript if the discussion is unusually long or complex.

**Supplementary Materials:** The following are available online at www.jsb.org/xxx/s1, Figure S1: title, Table S1: title, Video S1: title.

**Author Contributions:** For research articles with several authors, a short paragraph specifying their individual contributions must be provided. The following statements should be used “Conceptualization, X.X. and Y.Y.; methodology, X.X.; software, X.X.; validation, X.X., Y.Y. and Z.Z.; formal analysis, X.X.; investigation, X.X.; resources, X.X.; data curation, X.X.; writing—original draft preparation, X.X.; writing—review and editing, X.X.; visualization, X.X.; supervision, X.X.; project administration, X.X.; funding acquisition, Y.Y. All authors have read and agreed to the published version of the manuscript.”, please turn to the [CRediT taxonomy](http://img.mdpi.org/data/contributor-role-instruction.pdf) for the term explanation. Authorship must be limited to those who have contributed substantially to the work reported.

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Appendix A

The appendix is an optional section that can contain details and data supplemental to the main text. For example, explanations of experimental details that would disrupt the flow of the main text, but nonetheless remain crucial to understanding and reproducing the research shown; figures of replicates for experiments of which representative data is shown in the main text can be added here if brief, or as Supplementary data. Mathematical proofs of results not central to the paper can be added as an appendix.

Appendix B

All appendix sections must be cited in the main text. In the appendixes, Figures, Tables, etc. should be labeled starting with ‘A’, e.g., Figure A1, Figure A2, etc.

References

All manuscripts MUST conform to the style and procedure described in the most recent publication manual for the American Psychological Association 7th Edition. Manuscripts submitted that do not adhere to the approved submission process will not be reviewed. Please make sure to review all headings, labeling, references, and tables/figures before submitting to make certain that you are adhering to APA formatting.

We recommend preparing the references with a bibliography software package, such as Mendeley, EndNote, ReferenceManager, or Zotero to avoid typing mistakes and duplicated references. Include the digital object identifier (DOI) for all references where available.

Citations and References in Supplementary files are permitted provided that they also appear in the reference list here.

Example References (references must be in APA 7th edition format):

Alloway, T. P., Gathercole, S. E., Adams, A.-M., Willis, C., Eaglen, R., & Lamont, E. (2005). Working memory and

phonological awareness as predictors of progress towards early learning goals at school entry. *British Journal of Developmental Psychology, 23*(3), 417–426. https://doi.org/10.1348/026151005X26804

Baddeley, A. (1992). Working memory. *Science, 255*(5044), 556-559. DOI: 10.1126/science.1736359

Bergman Nutley, S., & Söderqvist, S. (2017). How is working memory training likely to influence academic

performance? Current evidence and methodological considerations. *Frontiers in Psychology, 8*. https://doi.org/10.3389/fpsyg.2017.00069

Binkofski, F., Buccino, G., Posse, S., Seitz, R. J., Rizzolatti, G., & Freund, H.-J. (1999). A fronto-parietal circuit for

object manipulation in man: Evidence from an fMRI-study. *European Journal of Neuroscience, 11*(9), 3276–3286. https://doi.org/10.1046/j.1460-9568.1999.00753.x